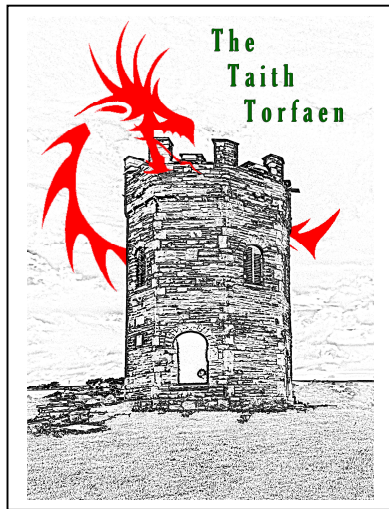


The Taith Torfaen: 52 Miles

The Dan Hadfield Memorial Walk



EVENT DETAILS: The walk is a challenging mountain walk with climbing of approximately 9700 feet. The route is a figure of eight route that is centred on the town of Pontypool in Torfaen. It is guesting as one of the three events that form the Southern Triple Challenge as the Dorset Giant is not being held due to commitments with the organisation of the Dorset 100. The northern loop will be followed first & will leave Pontypool to climb to the summit of Mynydd Garn Wen. The route stays high as it follows the crest of the ridge all the way to Blorengue summit before descending to Govilon. A disused railway line is followed

through a forgotten industrial landscape before climbing & descending to the historic Whistle Inn near Blaenavon, a World Heritage Site. A climb to Coity Mountain follows & the ridge that provides extensive views of South Wales is then followed south to return to Pontypool. The second loop heads south & Mynydd Maen is climbed & Mynydd Henllys followed south to reach Twmbarlwm, a hill that provides extensive views of the Bristol Channel & Exmoor. Mynydd Machen is visited on route to Ynysddu & Mynydd Islwyn. Abercarn sits at the base of the final climb & Mynydd Llwyd is visited before the final descent to the finish at Pontypool & a warm welcome from the South Wales group.

START: West Monmouth School, Pontypool. GR SO 282 002.

Free car parking is provided.

REGISTRATION: From 7:00 am.

FIXED START TIMES: 10:00 am.

TIME LIMIT: All to finish by 10:00 on 10.04.16. Checkpoint opening and closing times will be enforced.

REFRESHMENTS Tea and toast at the start. A selection of both cold and warm drinks, hot and cold food will be provided at checkpoints. A meal will be provided at the end of both loops.

ENTRY FEE Pre entered LDWA members **£25.00**, non LDWA members **£30.00**.
NO ENTRIES ON THE DAY.

APPLICATIONS Please detach and complete the entry form and send it to the Entries Secretary OR enter on-line.

RULES OF THE EVENT

1. **ENTRIES:** Can be made on the official entry form. Send the form with a cheque payable to "**LDWA South Wales Group**" Please enclose a SAE if you don't have an email address.
2. **EVENT IS OPEN TO:** All persons aged 18 years or over on the day.
3. **ROUTE DESCRIPTIONS:** Will be emailed to entrants approximately two weeks prior to the event. GPX tracks of the route will also be emailed to entrants. The route descriptions must be followed and the control card must be punched at each control point in sequence. If you go astray, retrace your steps and try again. Please do not climb fences or walls, take shortcuts, or trespass.
4. **RETIREMENTS:** You must retire at a staffed control point and hand in your control card to a marshal. Transport back to West Monmouth School will be provided. If it is impossible to reach a staffed control point, give your control card to another entrant to hand in on your behalf. Under no circumstances retire without informing the organisers.
5. **CHECK-IN AT THE FINISH:** All entrants, including retirees, must check in at West Monmouth School before journeying home.
6. **EQUIPMENT:** All entrants must carry the following items:- route description, control card, OS Landranger Map 171 & 161 (or Explorer 152, 166 & Outdoor Leisure 13) or GPS with electronic mapping and sufficient battery power, compass, whistle, waterproofs, suitable footwear with good tread, simple first aid kit, change for the telephone or mobile phone, food and drink to supplement that provided at the control points. There will not be a kit check at the start, but the organisers will Conduct a check during the course of the event and entrants not carrying the required equipment WILL be disqualified.
7. **MUGS:** Entrants **MUST** carry a mug as there will be no cups at the

checkpoints.

8. **DOGS:** Due to the fact that April is a prime lambing month, and because the Torfaen hills are home to thousands of sheep, we regret that dogs will not be allowed on the event.
9. **MUDDY FOOTWEAR: must be left outside the school please.**
10. **SAFETY:** The organisers reserve the right to refuse entry, require an entrant to retire on safety or other grounds, postpone or cancel the event if weather conditions are bad, disqualify an entrant for infringing the Country Code, or taking shortcuts over fences or farmland off the right of way.
11. **ACCOMMODATION:** Is the responsibility of the entrant.
12. **COUNTRY CODE:** Be safe, plan ahead and follow any signs. Leave gates and property as you find them. Protect plants and animals and take your litter home. Keep dogs under close control. Consider other people.
13. **DON'T FORGET TO BRING A MUG**

Enter online at

https://www.sientries.co.uk/event.php?event_id=1995

I understand that the personal information submitted as part of this entry form will be held by the event organisers for a period of up to two years after the event is held for the purposes of managing this event only. I further understand that photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites. In addition, I understand that Summary Information* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. I will have the right to request that all my personal Summary Information is anonymised, should I so request."

*Summary information is limited to the participant's name, age, gender, postal town, email address, LDWA membership number, event name and date, distance covered, time recorded as well as any other linked walking achievement.

**The Taith Torfaen Challenge Walk
Saturday 9th April 2016**

FORENAME:- _____ SURNAME:- _____
(as you wish it to appear on your certificate)

ADDRESS:- _____

Postcode:- _____ Tel.Number:- _____

LDWA Number:- _____ LDWA Group:- _____

E-MAIL address _____

I have read and agree to abide by the rules of the event and to observe the Country Code at all times. I confirm that I am in good health and have no medical condition that may cause undue concern to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

SIGNATURE:- _____ DATE:- _____

(If appropriate, state if parent or legal guardian—see Rule 2)

Please detach the completed entry form and send it with a cheque payable to

**Entries Secretary: Gwyneth Littlejohn, 15 Park Road, Northville,
Bristol, BS7 0RH.**

Email: gljx57@gmail.com