# Vale Ale

## Date: 12th December 1987

## Distance/Ascent: 21.2 miles, 2160 feet

## Leader: Keith Bennett

## Route Description:

* Start at Bridgend Leisure Centre at (SS 903 794).
* Path beside Afon Ogwr, over A48 to New Inn Bridge.
* Driveway through Merthyr-Mawr House to Merthyr-Mawr.
* Path across Afon Ogwr and Afon Ewenni to Ogmore.
* Path south-east across Ogmore Down to north end of St Brides Major.
* Path via Brynawel and Craig Ddu to Blackhall.
* Road to Pool Farm, path across fields and down Pant y Slade to Dunraven Bay.
* Dunraven Park, beach to Cwm Bach, up Cwm Bach to road.
* Road south-south-east to Monknash
* Road past Mill Farm then path down Cwm Nash to beach.
* Beach to Dunraven Park, cliff path past Ogmore-by-Sea.
* Road and path beside Afon Ogwr to Ogmore.
* Across Afon Ewenni and Ogwr to Merthyr Mawr.
* Road then path round north side of Merthyr Mawr House to New Inn Bridge.
* Return to Bridgend Leisure Centre via path beside Afon Ogwr.

## Weather: Dull, overcast virtually all day, brief glimpse of watery sun at one point, cold with a cold breeze.

## Participants: Keith Bennett, Nick Kaye, Roger Blake, Gerry Jackson, Chris Coy, Marcus Harling, Alun Jones, Tim Gronow, Don Henley, Doug Matthews