# Around the Base of Forest Fawr

# (Nick Kaye Special No.4)

## Date: 2nd May 1986

## Distance/Ascent: 34.8 miles, 4745 feet

## Leader: Nick Kaye

## Route Description:

* Start at Tafarn-y-Garreg Inn (near Craig-y-nos) at (SN 849 171).
* North up A4067 for short way to bridge over Nant Tywynni at (SN 849 171).
* Ascend through fields to course of old railway, follow this to A4067 at Bwlch Bryn-rhudd.
* Course of old railway followed north-eastwards beside A4067 but became too rough underfoot so reverted walking down A4067 to road junction at (SN 890 216).
* Minor road taken north-eastwards past Penwaundwr to Heol Senni and onwards east-north-east to crossroads at (SN 939 238).
* Lane then track south to track T junction at (SN 942 227). Bridle track (Roman road) north-east below north-west slopes of Fan Frynach to junction with track at (SN 959 238).
* Track eastwards uphill over north ridge of Fan Frynach then path south across eastern slopes to join A470 at (SN 972 218). A470 southwards past Storey Arms to Pont ar Daf.
* Around west perimeter fence of forestry on west side of Beacons Reservoir passing into forestry shortly after crossing Nant Pennig.
* Across A4059 at (SN 988 181) and into forestry on east side of road.
* Track through forestry shortly becoming impassable due to felled trees, broke out of forestry on west side and followed fence round to south to rejoin track heading south to next block of forestry joining it at (SN 990 166). Forestry track south through Coed Taf Fawr forest to join Cwm Cadlan road at (SN 994 117).
* Road south-west over col and down valley to junction with track at (SN 964 101)
* Track north uphill past Gelli-Ffynonau and up across Cefn Cadlan to join quarry track.
* Quarry track followed to A4059 at (SN 953 115). Across road and path across Afon Hepste and past Tir-dyweunydd, across lane to join minor road at (SN 942 120).
* Minor roads west to Porth yr ogof, path from Porth yr ogof up to Ystradfellte Youth Hostel.
* Track past Plas-y-darren to join minor road at (SN 916 124).
* Across road and farm track past farm and across Afon Nedd followed by path west to Sarn Helen Roman road at (SN 907 129). Sarn Helen Roman road followed west-south-west to junction with minor road at (SN 879 117).
* Road west past Cefngwaunhynog and across Nant Llech to bend in road at (SN 851 124).
* Field path east for short way to join course of old railway.
* Course of old railway to Penwyllt. Field path northwards across hillside and down to Pwllcoediog farm and down lane to A4067. North-east up A4067 for short way to cars.

## Weather: Mild night with cool breeze and some mist - came on to rain just after dawn and continued to rain right to finish.

## Participants: Nick Kaye, Andrew Clabon, Peter Lewis, Mike Evans (Chris Coy arrived late, did the walk in the opposite direction and met the rest of the party at the end).