# Gwyn’s Gwynno Gyration

## Date: 19thJanuary 1986

## Distance/Ascent: 21.9 miles, 4190 feet

## Leader: Gwyn Howells

## Route Description:

1. Start at Llanwonno forestry car park (ST 032 958).
2. Track through St Gwynno Forest past Darwonno and via (ST 023 972), (ST 019 976) to junction with footpath at (ST 015 979).
3. Footpath then track down valley into Cwmaman.
4. Footpath over Rhos-Gwawar starting from (ST 002 996) and joining B4277 (now the A4233) at (SN 995 016).
5. North down B4277 (A4233), cutting across zig-zags and taking footpath from (SN 994 019) into Gadlys (Aberdare) and through to Trecynon Park (for lunch).
6. Track across Afon Cynon and onto old railway track at (SO 005 041).
7. East-south-east along railway track to road at (SO 014 036).
8. Road north-east uphill to top of ridge.
9. Path and tracks south-east along ridge of Mynydd Merthyr, over Cefn Pennar, Twyn Brynbychan, Craig-yr-efail and Cefn Glas.
10. Across A4059 at (ST 083 956) and Afon Cynon by bridge at (ST 082 955).
11. Lane uphill via Gilfach –y-rhyd to minor road at (SO 062 958).
12. North-west along road to junction with track at (SO 050 972)
13. Track north-west then south past Gelli-Wrgan and via forestry track beside Nant Clydach to (ST 034 963).
14. South through forestry up to road and south-west along road to finish at forestry car park

## Weather: Cool and breezy with some clear periods in a basically dull morning and windy on the tops – started to rain at lunchtime in Aberdare and didn’t let up till near the end of the walk – strong wind on top of Mynydd Merthyr ridge – cool but not too cold – a real miserable day but a pleasant end

## Participants: Gwyn Howells, Nick Kaye, Andrew Clabon, Rob & Beccy Richardson, Gerry Jackson, Tony Clark, a member of The Morlais Mountain Rescue Team, Bob Thomas & friend.